

BULLETIN 2



The **Maximus Winter O-Cup** is a two-days competition which will be held very close to **Hoyo de Pinares town (Avila Province)**, offering both very technically demanding and fun courses.

This competition will be included into the Winter O-Camp.

✓ PROGRAM

2 nd February	23:59h	Entries deadline
8 th February	10:00- <mark>12:00</mark> 13:00	Starts day 1 (start station)* Finish closes
9 th February	11:00- <mark>12:00</mark> 13:00	Starts day 2 (chasing start) Finish closes, prize giving and raffle.

*In those classes where the number of entries will be more than 25 participants, due to logistic reasons, start times will be raffled and the start list will be published at our website. Those participants who, in case of being registered in a class with start times raffled and who needs a special request of start time (early or late start), must request it before the registration deadline in the following form: FORM

The start interval in the race of the day-1 (classic distance) is 1'.

The start lists for day-2 (chasing start) will be published on Saturday afternoon. OPEN classes will have start-station. The runners disqualified in the day-1 and the athletes who did not participate in day-1 will start at the end with 1 minute intervals.



HOW TO ARRIVE

Both the competition centre and the parking are situated less than 7km from Hoyo de Pinares town. It is important to access from the marked point in the AV-502 road.

Coordinates GPS: 40.530349, -4.448071



CLASSES

M/F-12	Until 12 years old in 2020
M/F-14	Until 14 years old in 2020
M/F-16	Until 16 years old in 2020
M/F-18	Until 18 years old in 2020
M/F-21	Unlimited
M/F-Elite	Unlimited
M/F-35	From 35 years old in 2020
M/F-45	From 45 years old in 2020
M/F-55	From 55 years old in 2020
Open Amarillo	Open, recommended for younger than 18 years old
Open Naranja	Open, recommended for elder than 18 years old

^{*}M=men, F=women



ENTRIES AND FEES

Entries have to be made via OrienteeringOnline not later than 2th February at 23:59.

Athletes without Spanish license must include passport number and birthday, in order to arrange the mandatory insurance.

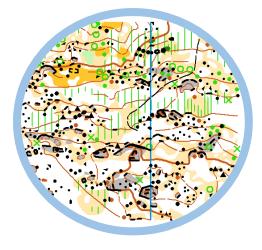
Athletes with FEDO license (2020)

Younger than 19	12 euros (6 euros per race)
Older than 18	16 euros (8 euros per race)
Open	6 euros (3 euros per race)

Athletes without FEDO license (2020)

Younger than 19	14 euros (7 euros per race)
Older than 18	18 euros (9 euros per race)
Open	10 euros (5 euros per race)

TECHNICAL INFORMATION



Both races will be held in the map Cabeza Mesada, made by the Spanish mapmaker Ricardo García in the year 2019.

At the first day the course will be a **Classic Distance** (around 45' winner time) in a new area not used last year at MaximusOMeeting. Second day, according to results of the day-1, it will be a **Middle Distance with chasing start** in the most technical part of the map.

Terrain is one of the best in Spain for a middle distance, with very good visibility and runnability. Many rocky details.

Course setter: Raúl Ferra.



CLASSIC DISTANCE

Course	Class	Lenght	Climbing	Controls	Scale
S01	Open Amarillo	2000 m	40 m	7	1/10.000
S02	Open Naranja	3020 m	60 m	9	1/10.000
S03	F12	3000 m	70 m	9	1/10.000
S04	M12	3290 m	75 m	13	1/10.000
S05	F14	3770 m	85 m	11	1/10.000
S06	F16, M14	4450 m	100 m	14	1/10.000
S07	F55	4440 m	100 m	14	1/10.000
S08	F45	5570 m	140 m	14	1/10.000
S09	F18, M16	5990 m	150 m	16	1/10.000
S10	M55	6460 m	170 m	15	1/10.000
S11	F21, F35	6950 m	225 m	16	1/10.000
S12	M18, M45	7350 m	240 m	16	1/10.000
S13	M21, M35	8490 m	280 m	19	1/10.000
S14	FE	8700 m	280 m	21	1/10.000
S15	ME	10490 m	350 m	25	1/10.000

MIDDLE DISTANCE

Course	Class	Lenght	Climbing	Controls	Scale
S01	Open Amarillo	1950 m	40 m	10	1/7.500
S02	Open Naranja	2260 m	55 m	12	1/7.500
S03	F12	2360 m	55 m	10	1/7.500
S04	M12	2450 m	60 m	11	1/7.500
S05	F14	3000 m	60 m	10	1/10.000
S06	F16, M14	3080 m	70 m	9	1/10.000
S07	F55	3320 m	70 m	12	1/7.500
S08	F45	3710 m	80 m	14	1/10.000
S09	F18, M16	3880 m	85 m	14	1/10.000
S10	M55	4210 m	85 m	15	1/7.500
S11	F21, F35	4290 m	85 m	16	1/10.000
S12	M18, M45	4460 m	95 m	14	1/10.000
S13	M21, M35	4860 m	100 m	18	1/10.000
S14	FE	5220 m	105 m	19	1/10.000
S15	ME	6190 m	135 m	22	1/10.000



OTHER IMPORTANT INFORMATION

- <u>Distance parking-start (day-1)</u>: 500m.
- Distance parking-start (day-2): 250m.
- Chasing start procedure: a pre-start of -6' will be established, where each participant will get a label with the starting order number. Then, the control descriptions can be collected and, in -3', each participant will be called into corridor according to the assigned number. This way, a row sorted by the start time will be formed. When the exact moment of the start of the athlete will come, the organizer will allow him to start and, already in race time, the participant must go to the box with the maps of his class, take it and start the race. Please follow the organization's instructions carefully.
- <u>Late starts day-2</u>: In order to do not harm athletes who follow the established schedule, those participants who arrive late will not be allowed to start until all athletes have taken the start and without compensation for the lost time.

PRIZES

The three first athletes in every class (adding the times of both races), will receive a trophy or medal. Furthermore, a ham will be raffled among all the participants present at the end of the prize-giving ceremony.

REFRESHMENTS

The Club de Orientación Máximus is highly committed to respecting and caring for the environment, so there will be **no plastic cups or bottles in the finish refreshment point**. The participant must bring their own container to refill water from the tanks.





ACCOMMODATIONS

From the Club de Orientación Máximus we can offer accommodation in rural houses in the area at prices around **25 euros per person and night**. Approximately 400 places. Contact: info@maximusocamp.com

PERMANENT TRAININGS

In parallel to this competition, and during the months of January, February and March 2020, the Maximus Winter O-Camp will be held in the area, offering up to 22 permanent trainings. All information at: www.maximusocamp.com