

Máximus Winter O-Camp

Professional orienteering training camp in Spain

www.maximusocamp.com

SPORTIDENT TRAININGS

WEEKS- 2/3

STAGE-1

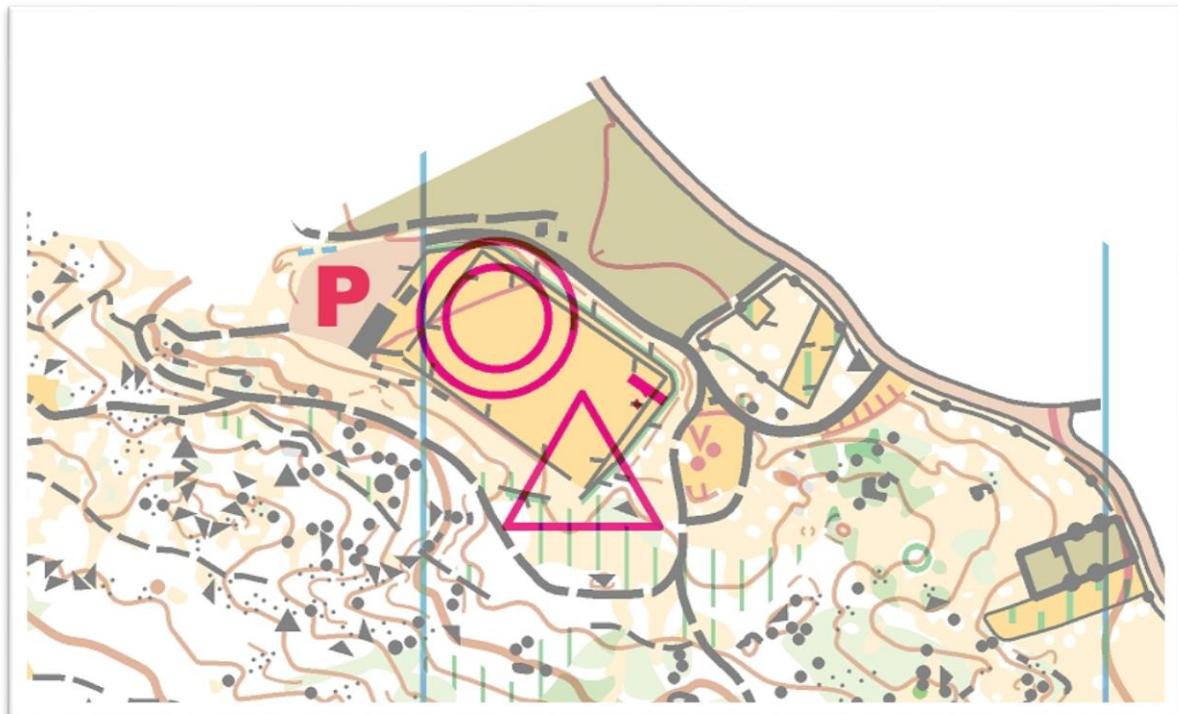
DATE	TYPE	MAP
7th January 2020	Interval	Pinar de Juanín

Parking coordinates: [40.404568, -4.775291](http://40.404568,-4.775291)

Distance Parking-Start: 100m (visible from the parking).

Start: **Mass start at 11.00am** (in case that the training will be very crowded, different mass starts will be organised every 5 minutes).

LENGTH	CLIMBING	CONTROLS	FORKING	SCALE
3,9 km (4 intervals)	180m	18	Yes	1/7500



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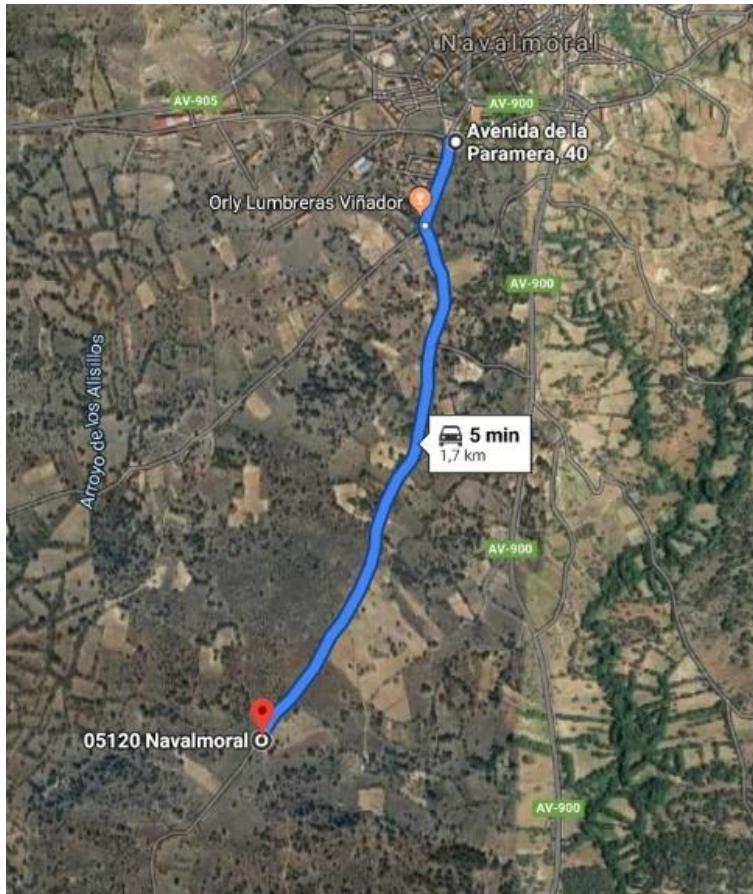
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SPORTIDENT TRAININGS

WEEKS- 2/3

STAGE-2

DATE	TYPE	MAP
8th January 2020	First leg relay	El Cogote



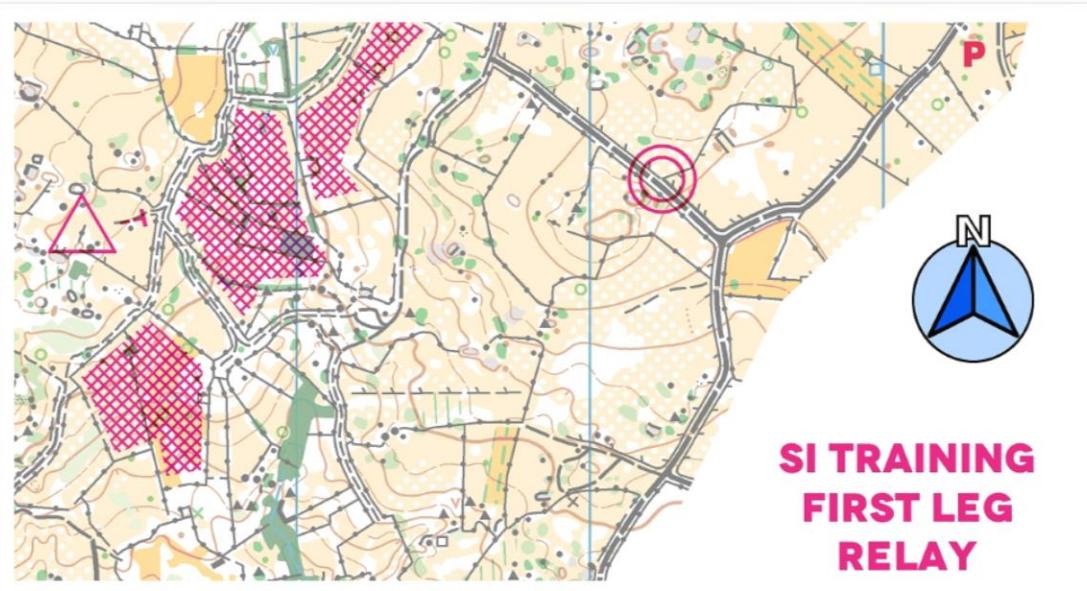
Parking coordinates: [40.442590,-4.776111](https://www.google.com/maps?ll=40.442590,-4.776111)

VERY IMPORTANT!! Follow the indications below to reach the parking (GoogleMaps can offer you an alternative route but it's wrong).

Distance Parking-Start: 1250m (there will be an organised all-together-jogging from the parking to the start at 10.45am).

Start: **Mass start at 11.00am** (all-together-jogging at 10.45).

LENGTH	CLIMBING	CONTROLS	FORKING	SCALE
4,7km	150m	21	Yes	1/7500



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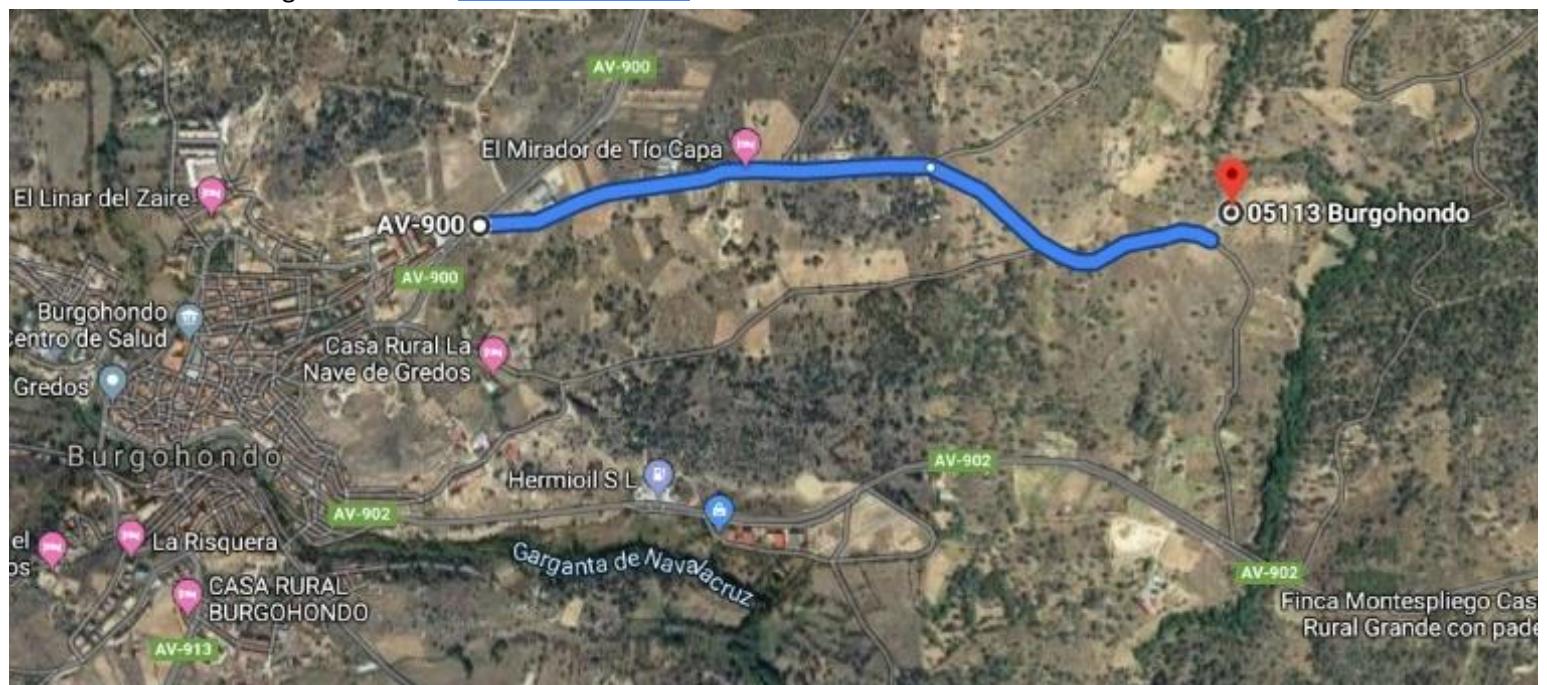
SPORTIDENT TRAININGS

WEEKS- 2/3

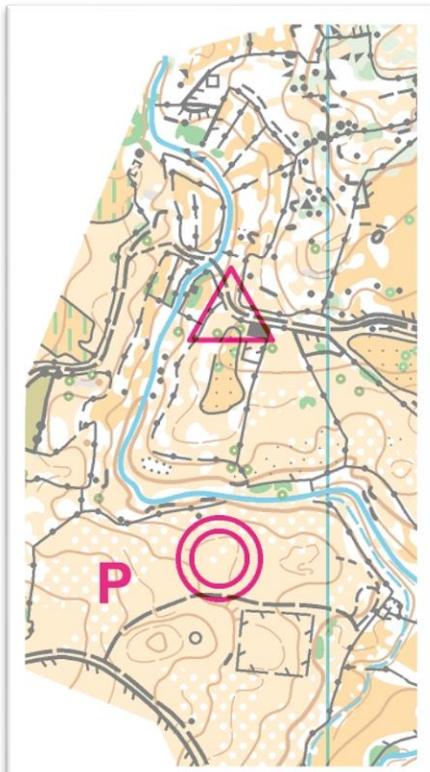
STAGE-3

DATE	TYPE	MAP
9th January 2020	Interval	Burgohondo Este

Parking coordinates: [40.416981, -4.761417](https://www.google.com/maps/place/40.416981,-4.761417)



VERY IMPORTANT!! Follow the indications below to reach the parking (GoogleMaps can offer you an alternative route but it's wrong).



Distance Parking-Start: 150m (visible from the parking).

Start: **Mass start at 11.00am** (in case that the training will be very crowded, different mass starts will be organised every 5 minutes).

LENGTH	CLIMBING	CONTROLS	FORKING	SCALE
4,3 km (4 intervals)	150m	22	Yes	1/10000

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STAGE-4

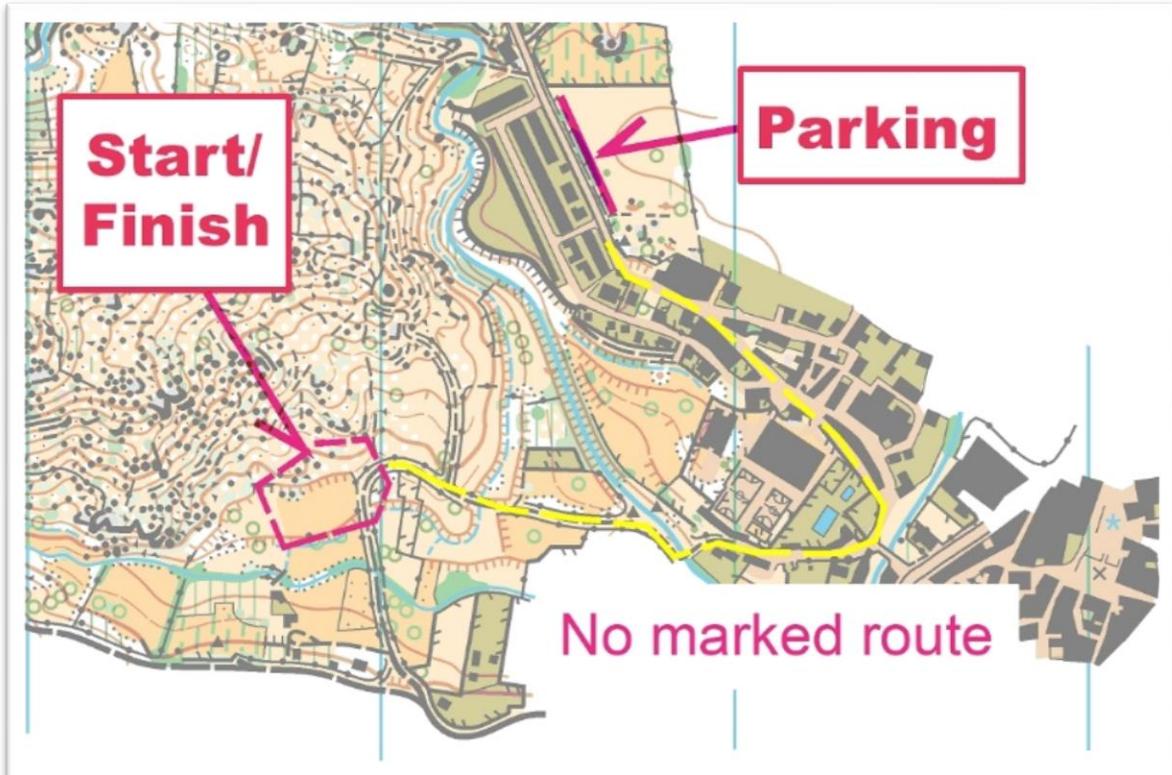
DATE	TYPE	MAP
14th January 2020	Interval	Burgohondo Oeste

Parking coordinates: [40.417401, -4.791010](http://40.417401,-4.791010)

Distance Parking-Start: 800m (**not marked route**).

Start: **Mass start at 11.00am**

LENGTH	CLIMBING	CONTROLS	FORKING	SCALE
5,3 km (4 intervals)	120m	20	Yes	1/10000



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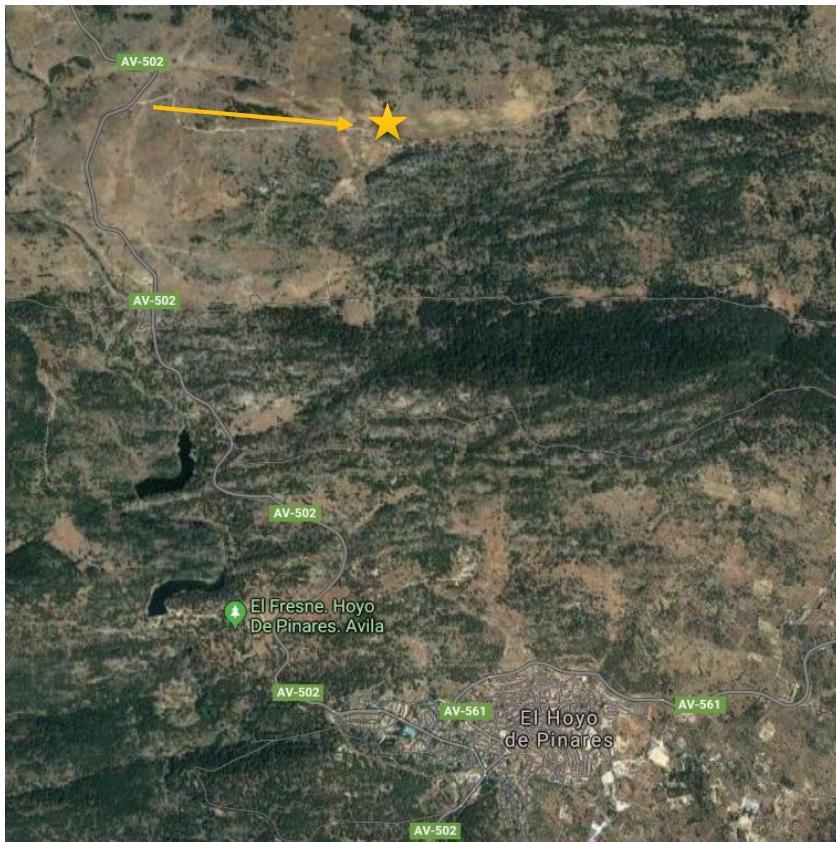
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SPORTIDENT TRAININGS

WEEKS- 2/3

STAGE-5

DATE	TYPE	MAP
15th January 2020	First leg relay	Cabeza Mesada



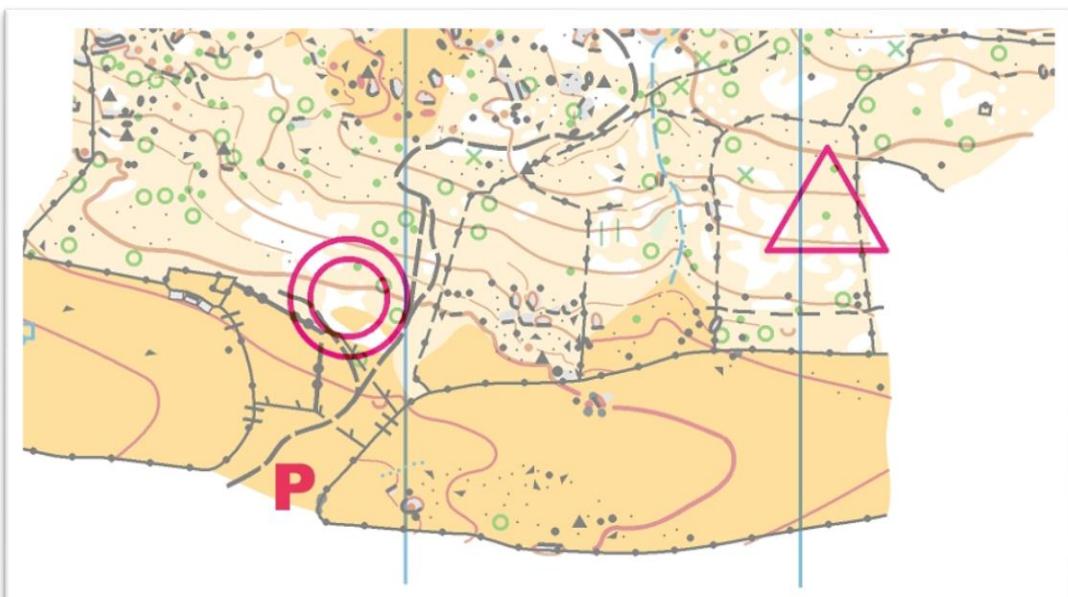
Parking coordinates: [40.529461,-4.433102](https://www.google.com/maps?ll=40.529461,-4.433102)

VERY IMPORTANT!! Follow the indications below to reach the parking (GoogleMaps can offer you an alternative route but it's wrong).

Distance Parking-Start: 400m (there will be an organised all-together-jogging from the parking to the start at 10.45am).

Start: **Mass start at 11.00am** (all-together-jogging at 10.50).

LENGTH	CLIMBING	CONTROLS	FORKING	SCALE
5,7km	150m	19	Yes	1/10000



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SPORTIDENT TRAININGS

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STAGE-6

DATE	TYPE	MAP
16th January 2020	One man relay	Infierno de Navalmoral

Parking coordinates: [40.449359, -4.732627](https://www.google.com/maps/place/40.449359,-4.732627)

VERY IMPORTANT!! Follow the indications below to reach the parking (GoogleMaps can offer you an alternative route but it's wrong).



Distance Parking-Start: 50m.

Start: Mass start at 11.00am.

LENGTH	CLIMBING	CONTROLS	FORKING	SCALE
4,9km	170m	19	Yes	1/10000

